

# Infant Choking



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## Recognize Choking:

- Cannot cry or make normal sounds
- Silent cough
- Breathing with high-pitched noises
- May look blue, frightened

Give **5 back blows**: Hold the infant facedown and support the jaw and head

Give **5 chest thrusts**: Turn the infant over while supporting the head



Alternate **5 back blows** and **5 chest thrusts** until:

- Object comes out  
or
- Infant can cry forcefully  
or
- Infant stops responding



If the infant stops responding

- Begin the steps of **CPR**
- Each time you open the airway, look for the object and remove if seen
- If alone and telephone isn't available, after 5 cycles, **phone 911** and get an AED
- Resume CPR until infant starts to move or EMS rescuers take over