

Child Choking



888-ema-usa
WWW.EMTA-USA.COM



Recognize Choking:

- Cannot cry, cough or speak
- Breathing with high-pitched noises
- Blue lips or skin
- May be clutching throat

Ask “**Are you choking?**” If yes, tell the child that you are going to help



Give **abdominal thrusts** until:

- Object comes out
or
- Child can breath and make sounds
or
- Child stops responding



If the child stops responding

- Begin the steps of **CPR**
- Each time you open the airway, look for the object and remove if seen
- If alone and telephone isn't available, after 5 cycles, **phone 911** and get an AED
- Resume CPR until child starts to move or EMS rescuers take over