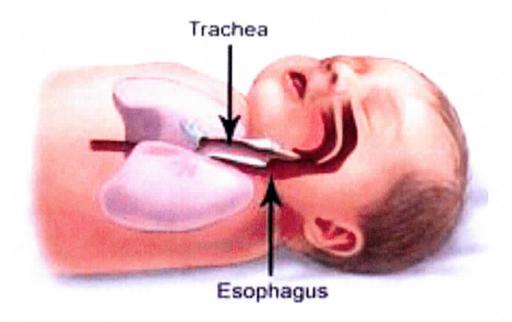
Always put your baby to sleep on his/her BACK

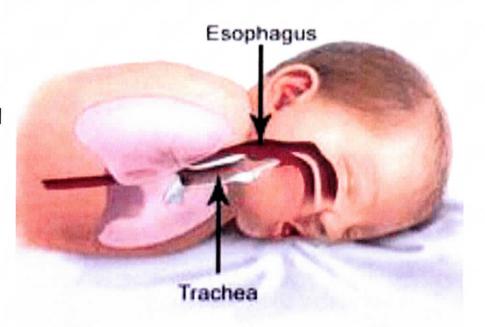


Back sleeping

- The tube the food goes down is below the windpipe.
- If baby spits, then the food will stay below therefore keeping the baby from choking.

Stomach sleeping

- The tube that the food goes down is above the windpipe.
- If the baby spits up, the food can go into the windpipe and the baby could choke.





OKC County Health Department 2700 NE 63rd St. OKC, OK 73111 Occhd.org/community/fimr

